



2023 Whānau Health Consultation Results

Key:	Yellow Highlight - 90 - 100%	We would like to thank all our whānau who completed the survey. We will use this information to help guide our health learning. Please view the areas that you all deemed very important.
	Green Highlight - 80 - 89%	

Body Care & Physical Safety

	Very Important	Important	Not Important
Personal body care and hygiene	84%	16%	
Simple first aid	61%	39%	
Illness and injury prevention	68%	30%	2%
Keeping safe at home and school	89%	11%	
Sun safety	75%	25%	
Fire safety	86%	14%	
Basic road and rail safety	86%	14%	
How our body works (eyes, teeth hearing etc)	75%	25%	

Food and Nutrition

	Very Important	Important	Not Important
Preparing food (hygiene/food safety)	68%	30%	2%
Making food choices	45%	55%	
Promoting healthy foods	48%	48%	4%

Mental Health

	Very Important	Important	Not Important
Expressing and managing emotions	80%	20%	
Personal identity and self worth	86%	14%	
Effective interpersonal relationships e.g. friendships	73%	27%	
Substance use and misuse	56%	35%	9%
Relaxation and recreation	50%	48%	2%
Digital and real environment	52%	46%	2%

Sexuality Education

Sexuality education is NOT sex education. It is: <ul style="list-style-type: none"> Identifying positive and respectful relationships Celebrating the changes in our bodies 	Very Important	Important	Not Important
Positive and respectful relationships	73%	25%	2%
Puberty	60%	35%	5%
Body image	63%	32%	5%
Body safety and seeking support (Keeping Ourselves Safe)	93%	7%	
Social media	49%	33%	18%
Stereotypes and diversity	56%	37%	7%
Acceptance	61%	39%	

Physical Activity & Sports Studies

	Very Important	Important	Not Important
Movement skills in a range of areas	56%	39%	5%
Fairplay - winning and losing graciously	54%	46%	
Teamwork	70%	28%	2%
Competition as individuals and in teams	40%	51%	9%
Sportsmanship	48%	52%	
Participation	44%	49%	7%
Acceptance of difference in ability, gender or culture	63%	35%	2%

Outdoor Education

	Very Important	Important	Not Important
Activities within the school grounds	44%	56%	
Water safety	95%	5%	
Adventure activities e.g. trust games, problem solving, team building	61%	39%	
Whole school excursions linked with school wide learning	54%	39%	7%
Fun and enjoyment	70%	30%	
Challenge & risk management	61%	39%	