



## 2025 Whānau Health Consultation Results

<b>Key:</b>	<b>Yellow Highlight - 90 - 100%</b>	We would like to thank all our whānau who completed the survey. We will use this information to help guide our health learning. Please view the areas that you all deemed very important.
	<b>Green Highlight - 80 - 89%</b>	

### Body Care & Physical Safety

	Very Important	Important	Not Important
Personal body care and hygiene	84%	16%	
Simple first aid	72%	28%	
Illness and injury prevention	79%	21%	
Keeping safe at home and school	88%	12%	
Sun safety	74%	25%	1%
Fire safety	81%	19%	
Basic road and rail safety	91%	9%	
How our body works (eyes, teeth hearing etc)	72%	28%	

### Food and Nutrition

	Very Important	Important	Not Important
Preparing food ( hygiene/food safety)	65%	35%	
Making food choices	58%	37%	5%
Promoting healthy foods	55%	41%	4%

### Mental Health

	Very Important	Important	Not Important
Expressing and managing emotions	86%	14%	
Personal identity and self worth	81%	18%	1%
Effective interpersonal relationships e.g. friendships	68%	32%	
Substance use and misuse	70%	27%	3%
Relaxation and recreation	54%	42%	4%

Digital and real environment	65%	35%	
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## Sexuality Education

Sexuality education is NOT sex education. It is: <ul style="list-style-type: none"> <li>Identifying positive and respectful relationships</li> <li>Celebrating the changes in our bodies</li> </ul>	Very Important	Important	Not Important
Positive and respectful relationships	77%	23%	
Puberty	75%	18%	7%
Body image	68%	25%	7%
Body safety and seeking support (Keeping Ourselves Safe)	86%	14%	
Social media	54%	41%	5%
Stereotypes and diversity	46%	49%	5%
Acceptance	65%	33%	2%

## Physical Activity & Sports Studies

	Very Important	Important	Not Important
Movement skills in a range of areas	55%	45%	
Fairplay - winning and losing graciously	64%	36%	
Teamwork	81%	19%	
Competition as individuals and in teams	46%	47%	7%
Sportsmanship	63%	35%	2%
Participation	56%	40%	4%
Acceptance of difference in ability, gender or culture	81%	19%	

## Outdoor Education

	Very Important	Important	Not Important
Activities within the school grounds	53%	46%	1%
Water safety	88%	12%	
Adventure activities e.g. trust games, problem solving, team building	60%	39%	1%
Whole school excursions linked with school wide learning	60%	35%	5%
Fun and enjoyment	75%	25%	
Challenge & risk management	72%	28%	